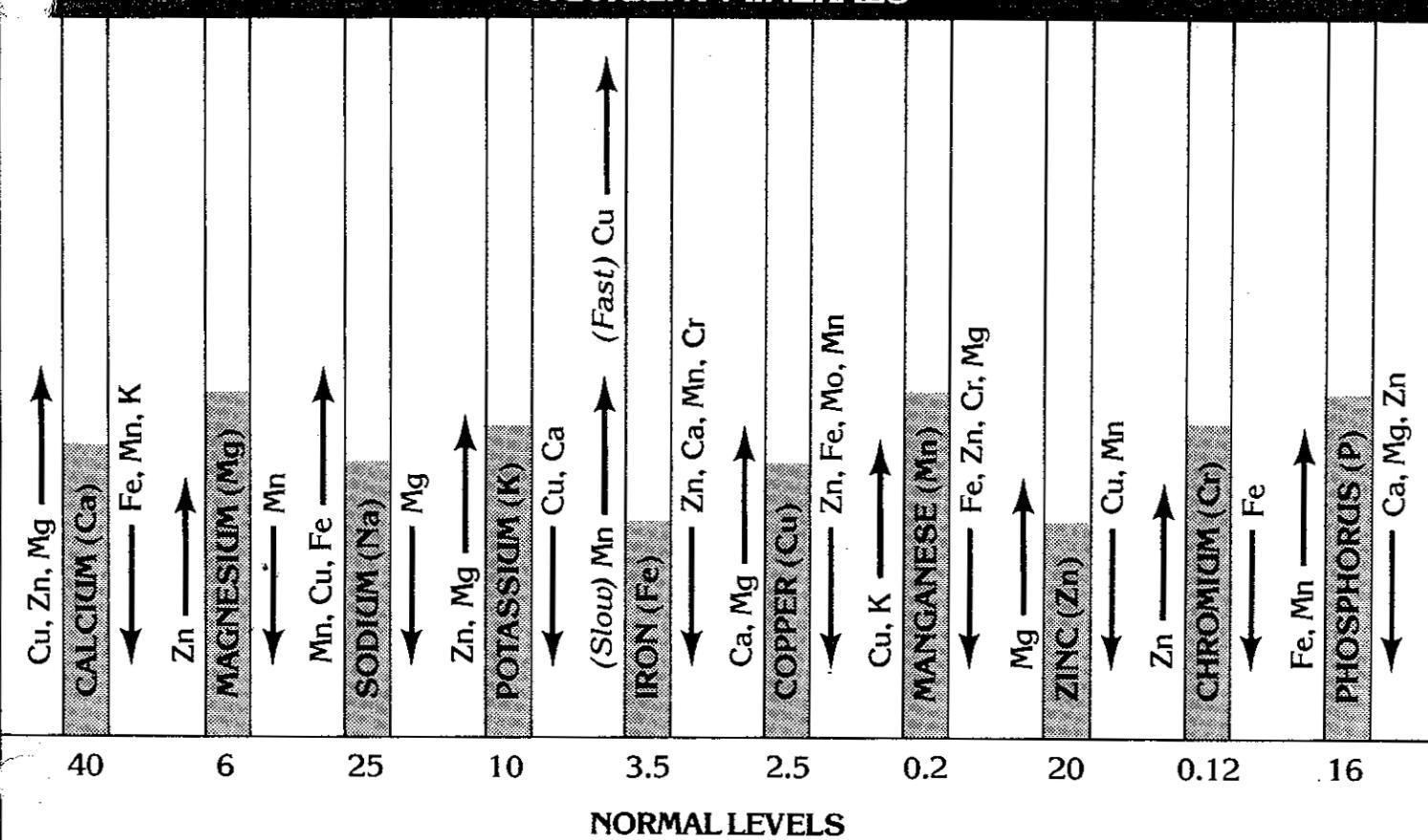
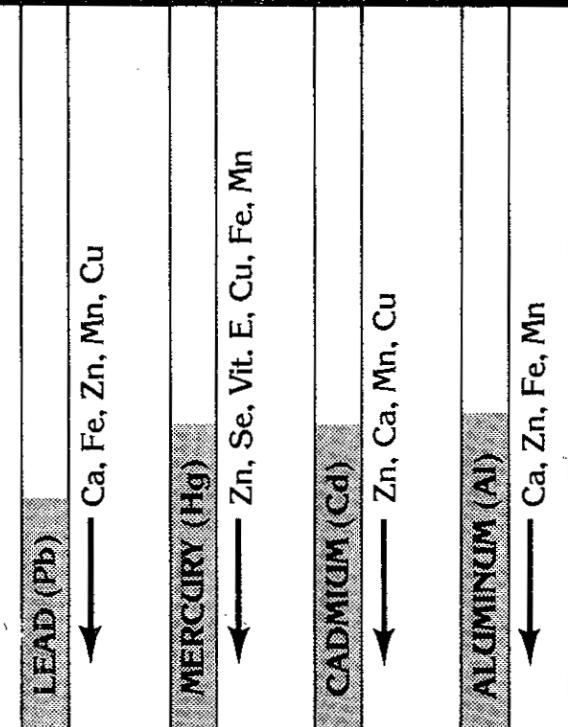


THERAPEUTIC MINERAL INTERACTION CHART

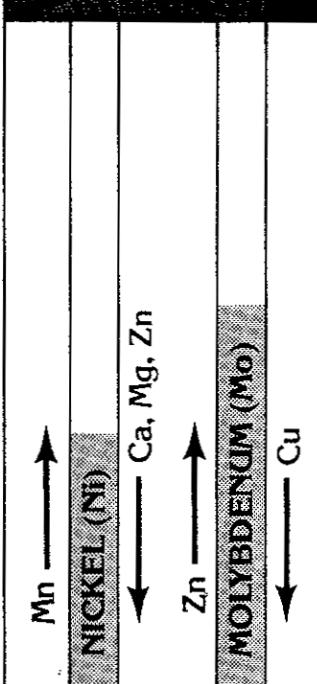
NUTRIENT MINERALS



TOXIC METALS



ADDITIONAL MINERALS



Arrows show which minerals increase and which minerals decrease the levels of the major minerals affecting human health.

INCREASE →
MINERAL
→ DECREASE