Men Stronger to trilled the d Researched **Nutritionals** Optimized Molecular Hydrogen . Selective antioxidant activity* · Promotes healthy Nrf2 function* · Individually sealed tablets for maximum benefit · Does not require a sealed container GMO-FREE Dietary Supplement • 60 tablets

H₂ Absorb

Promote Healthy Oxidative Stress Levels*

See Back Side for Details

Features & Benefits

Molecular Hydrogen (two atoms of hydrogen combined into one molecule) is a powerful antioxidant that selectively targets the most toxic of free radicals, the hydroxyl group. The ability to selectively target free radicals is important as it means that it will not interfere with adjunctive therapies doctors may be pursuing.

The healthy body creates free radicals as a result of normal activity

Supplement Facts Serving Size: 1 Tablet | Servings Per Container: 60 **Amount Per Serving** % Daily Value Magnesium (oxide, glycinate, malate) 80 mg 20% RN Ionic Hydrogen matrix 520 mg (Dextrose, Malic acid, Tartaric acid) * Daily Value not established

OTHER INGREDIENTS: L-Leucine, microcrystalline cellulose, sodium stearyl fumarate

FREE OF: Artificial flavors and colors.

& metabolism. These free radicals, known as ROS (reactive oxygen species) or RNS (reactive nitrogen species) are kept in check by the healthy body, maintaining normal mitochondrial

function and minimizing oxidative stress.

Healthy and unhealthy individuals create

Product No. RN149

Each Tablet Includes:		
Features	Constituents/Actions	Benefits*
Molecular Hydrogen	Hydrogen molecule in gas form	 Selectively targets toxic free radicals such as the hydroxyl free radicals – the strongest oxidizing (toxic) radical Neutralizes hydroxyl free radicals by turning it into water (as a result of giving up an electron) This selectivity makes this therapy an adjunctive approach to certain immune protocols targeting toxic oxidants Hydrogen gas is a very stable molecule which cannot be broken apart by good free radicals
	Mitochondrial Advantage	 Most free radicals are formed in the mitochondria, as it produces energy (ATP) Hydrogen is the lowest weight (smallest)

oxidative stress. Exercise increases a person's use of oxygen, and increases the work load on the mitochondria. As a result, professional athletes create higher oxidative stress (free radical activity) levels than those who do not exercise to the same extreme. Those facing health challenges may promote a less than optimal level of oxidative stress. The point is that oxidative stress occurs on an ongoing

Due to its low atomic mass, hydrogen gas has the unique ability to penetrate the blood brain barrier and every compartment of the cell, including the mitochondria.

basis and for a variety of reasons.

Suggested Use

As a dietary supplement, place one tablet in approximately 8 oz. of non-carbonated water, wait for tablet to dissolve and drink immediately. Repeat twice daily or as directed by your healthcare professional.

Cautions

None known

Hydrogen molecule

is balanced (two

Promotes healthy

glutathione levels

element and, as a neutral molecule, is easily

absorbed into the cell and mitochondria

Promotes healthy level of oxidative stress

· This means that is neutrally charged and

 As a gas, hydrogen can penetrate cellular membranes & enter intracellular

will not make water acidic

compartments



ResearchedNutritionals.com | Available only through healthcare professionals

electrons & two It is tasteless, colorless and odorless protons)

Hydrogen gas positively impacts gene transcription, promoting glutathione production

^{*} These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

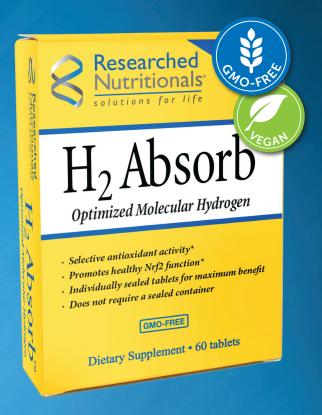
er Formula direct

H₂ Absorb™

PROMOTE HEALTHY OXIDATIVE STRESS LEVELS*

We are proud to introduce our new advanced H_2 Absorb^{M} formula. This new improved formula has several advantages.

- Now contains 80mg of magnesium resulting in a higher concentration of hydrogen than the previous formula.
- No longer requires the use of a sealed container.
 Simply drop the tablet in any regular cup of water.



Since 2007, over eighty published studies¹ have proven molecular hydrogen's role in supporting healthy mitochondrial function, exercise recovery, and metabolic processes.*

The effects of oxidative stress and the importance of antioxidants are well documented in the scientific community. Each $\mathbf{H_2}$ **Absorb**^{\mathbf{M}} tablet allows your patients to turn regular water into a powerful health promoting beverage.* With hydrogen's low molecular weight, it is able to penetrate biomembranes and diffuse into the cytosol, mitochondria and nucleus.²

H_2 Absorb $^{\mathsf{TM}}$ - the optimized molecular hydrogen delivery system.

1 Nicolson, Garth, et al. (2016) Clinical Effects of Hydrogen Administration: From Animal and Human Diseases to Exercise Medicine. International Journal of Clinical Medicine, 2016, 7, 32-76.

2 Ohsawa, I., Ishikawa, M., Takahashi, K., Watanabe, M., Nishimaki, K., Yamagata, K., Katsura, K., Katayama, Y., Asoh, S. and Ohta, S. (2007) Hydrogen Acts as a Therapeutic Antioxidant by Selectively Reducing Cytotoxic Oxygen Radicals. Nature Medicine, 13, 688-694.



Joseph Burrascano Jr., MD

"Due to the research basis of molecular hydrogen, I think this product would be an important part of a practitioner's arsenal."

CALL 800.755.3402



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